



National
Lutheran Home
for the Aged
Annual Report
2009



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Mission
To provide for aged
persons whose
circumstances may
require a comfortable
residence with board,
clothing, employment,
medical attention,
and such other
comforts as Christian
brotherhood may
dictate. *Circa 1890*

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Honoring Our Heritage

Letter from the Chief Executive Officer

The National Lutheran Home for the Aged, Inc., (NLHA) has provided residential living and quality health care to seniors over the last 120 years. The longevity and success of this ministry and its mission are attributable to the commitment of its Board members, volunteers, donors, staff and residents. Since my tenure as CEO began in 2009, the organization has been focused upon respecting the heritage and history of NLHA, while planning for the changing societal and demographics of serving seniors in the future.

I want to express my thankfulness for the opportunity to be part of an organization that has a strong sense of mission and a commitment to caring for older adults. It is with much appreciation that I thank the Board of Trustees, staff and residents for making me feel so welcome in my transition to this new position.

In addition to my new position as CEO, the National Lutheran Home & Village at Rockville (NLHV) named Frank McGovern as the new Executive Director in November of 2009. Frank has served NLHV in a variety of positions in his 19 years at the Rockville campus, most recently as Administrator. He has provided fresh ideas and plans for the level of care and service that the organization strives to provide in the future.

After years of searching, the NLHA Board of Trustees approved the purchase of 130 acres of land in Winchester, Virginia in October of 2008. This is the future site of a new continuing care retirement community, The Village at Orchard Ridge (TVOR). We are looking forward with great anticipation toward offering innovative programs that will provide choice, quality care and optimal independence for residents, all with a sense of home and well-being.

During 2010 and beyond, we will focus on quality of care along with financial stewardship to enhance and compliment the mission and values that have been part of NLHA for so many years. A special thanks to all of you for your support and commitment as we move forward in these exciting times to “honor our heritage as we plan for the future ...”

Respectfully,



Larry Bradshaw



Larry Bradshaw
Chief Executive Officer
National Lutheran Home
for the Aged, Inc.

Planning for the Future

Letter from the President, Board of Trustees

Since 1890 The National Lutheran Home has endeavored to continually expand services to the aged. From a simple farmhouse with eight rooms to a 300-bed skilled care nursing facility, the goal has always been the same—a loving, caring environment where seniors can thrive. Supported by hundreds of Lutheran congregations, volunteers, friends and families of all faiths, the Home has been blessed with resources to expand that vision over time.

When we moved from Washington, D.C., to Rockville, Maryland in 1980 we were able to expand services with new independent living program cottages. After completing Wescott II cottages in 2008, the Board focused on the dream for Virginia—a vision of expanding the ministry into Virginia with a sister community. It took the Board more than 20 years to find just the right opportunity—Winchester, Virginia.

With the acquisition of the land in Winchester, it became evident that an experienced leader was needed to guide this project, as well as future projects for the Rockville campus. Larry Bradshaw joined the staff as the newly appointed CEO and launched the NLHA office in October 2009.

Larry wasted no time in learning our ministry. His experience brought new ideas and a critical eye not only to the Winchester project, but also operations at the Rockville campus. Larry’s background in finance helped us realize ways to be better stewards. Better financial accountability allows us to improve and expand services to all seniors on our campus and in our greater community. To implement these changes we welcomed Frank McGovern as the Executive Director.

As we move forward to make our vision a reality, the Board is confident our dedicated staff is prepared and eager to make exciting things happen. Each new initiative reflects our 120-year purpose and mission to “*provide for aged persons whose circumstances may require a comfortable residence with board, clothing, employment, medical attention, and such other comforts as Christian brotherhood may dictate.*”

In Peace,



Faith Bauersfeld



Faith Bauersfeld
President, Board of Trustees
National Lutheran Home
for the Aged, Inc.

Our Leadership

National Lutheran Home for the Aged Board of Trustees

President

Mrs. Faith Bauersfeld,
St. Paul's Lutheran Church,
Washington, D.C.

Vice President

Mr. Carl Swanson,
Second English
Lutheran Church, Baltimore, MD

Treasurer

Mr. Charles F. Trunk III, Evangelical
Lutheran Church, Frederick, MD

Co-Secretary

Mrs. Claudia Harrington,
St. Paul's Lutheran Church, Jefferson, MD

Members

The Rev. Alan Traher,
Our Redeemer Lutheran Church,
Glen Burnie, MD Delaware
Maryland Synod ELCA Bishop's Designee
The Rev. William H. Hall II, (Retired)
Virginia Synod ELCA Bishop's Designee
The Rev. Martha M. Sims,
Grace Lutheran Church, Winchester, VA
Bishop Richard H. Graham,
The Metropolitan Washington D.C.
Synod, ELCA
Mr. Robert Pillote, Jr.,
Tyrrell, Mason & Pillote
Dr. C. David Hartmann,
Bethlehem Lutheran Church, Fairfax, VA
Mr. Paul Nicholson,
Washington Adventist Hospital
Mr. Gary Nichols,
Winchester Group, Inc.
Ms. Kathryn E. Baerwald,
Augustana Lutheran Church,
Washington D.C.
Ms. Lisa Behr,
ERA OakCrest Realty, Inc.
Mr. Larry Bradshaw, CEO, NLHA

National Lutheran Home for the Aged

Faith Bauersfeld
President, Board of Trustees

Mrs. Faith Bauersfeld has served as President of the Board of Trustees since 2007 and has served on the National Lutheran Home & Village Board of Trustees since 2002. She is also a past president of the Auxiliary of the National Lutheran Home and a dedicated volunteer for 30 years, sharing her talent for sewing and gardening.

A longtime member and lay leader of St. Paul's Lutheran Church, Washington, D.C., she is currently employed in the field of retail sales for Fulton Station Jewelers in Fulton, Md. She was previously employed in retail sales for Nedley & Company in Rockville Md., and as a teacher/director at the Seven Locks Baptist Church Day Care Center in Potomac, Md.

Mrs. Bauersfeld attended Newberry College in Newberry, South Carolina studying science. In 1981 she completed the State of Maryland certification for Child Care at Montgomery County Community College in Rockville, Md. Mrs. Bauersfeld and husband Carl have experienced the NLHA "tradition of caring" through the services provided to family members at NLHV.

National Lutheran Home & Village Board of Trustees

President

Mr. Wallace Rossmiller,
Lutheran Church of the Reformation,
Washington, D.C.

Vice President

The Rev. Alan Traher,
Our Redeemer Lutheran Church,
Glen Burnie, MD

Treasurer

Mr. Daniel M. Bringman,
St. James Lutheran Church, Gettysburg, PA
(formerly of Good Shepherd Lutheran
Church, Gaithersburg, MD)

Co-Secretary

The Rev. Dr. Scott S. Ickert,
Resurrection Lutheran Church, Arlington, VA

Co-Secretary

The Rev. Rodney Ronneberg,
St. Paul Lutheran Church, Fulton, MD

Members

Mr. Richard Ahlberg,
NLHA Community Resident Designee,
Independent Living
Mrs. Faith Bauersfeld,
President, NLHA Board of Trustees
The Rev. Lowell Schuetze,
Good Shepherd Lutheran Church,
Alexandria, VA
Mr. Larry Bradshaw, CEO, NLHA



National Lutheran Home & Village at Rockville

Wallace Rossmiller
President, Board of Trustees

Mr. Wallace Rossmiller is the President of the National Lutheran Home & Village at Rockville Board of Trustees and has been serving on the board for 10 years in a variety of capacities. He served previously as the Vice President of the NLHV Board of Trustees and as a trustee for the National Lutheran Home for the Aged.

Mr. Rossmiller has been an active member of the Auxiliary of the National Lutheran Home since 1989. His love of stamp collecting would be matched with his current position as the Chair of the Auxiliary's Stamp Committee. He is a retired computer scientist and U.S. Army instructor. Mr. Rossmiller attended Carthage College in Illinois and earned a Bachelor of Arts in Mathematics. He served in the Korean War as a U.S. Army instructor.

He is an active member of Lutheran Church of the Reformation, Washington, D.C., Berwyn Heights Town Council, German-American Heritage Society, Boy Scouts, Association of Oldest Inhabitants in Washington, D.C., and the Concord Club (a German social group).

The Village at Orchard Ridge

Lisa Behr
President, Board of Trustees

Ms. Lisa Behr serves dual duty in her TVOR role and as a member of the NLHA Board of Trustees. Ms. Behr is a realtor and has been with ERA OakCrest Realty, Inc. in Winchester, Virginia since 2001. She is also an owner/manager of both residential and commercial real estate. From 2004 through 2009, Ms. Behr earned the BRAR President's Award and ERA Leadership Team Award. In 2009, Ms. Behr was named 1st in Service by ERA Real Estate, earning the prestigious Jim Jackson Memorial Award. Her certifications include, Accredited Buyers Representative, Cartus/Affinity Certification and Senior Real Estate Specialist.

When plans for The Village at Orchard Ridge were revealed, Ms. Behr immediately wanted to be a part of this exciting new ministry. She is a member of Grace Evangelical Lutheran Church, Winchester, Va., P.E.O. International (a women's Philanthropic Educational Organization), supporter of the Winchester Royals Baseball Team and the Blue Ridge Association of Realtors Educational Committee. She received a Bachelor of Arts, Administration Management degree from the University of Northern Iowa.



The Village at Orchard Ridge Board of Trustees

President

Ms. Lisa Behr,
ERA OakCrest Realty, Inc.

Vice President

The Rev. William Hall II, (Retired)
Virginia Synod ELCA Bishop's Designee

Treasurer

Mr. Gary Nichols,
Winchester Group, Inc.

Secretary

The Rev. Martha M. Sims,
Grace Lutheran Church, Winchester, VA

Members

Mr. Jerry Kerr,
Grace Lutheran Church, Winchester, VA
Mr. Christopher M. Mohn,
Frederick County, VA Dept. of Planning
and Development, Planning Commission
Committee member
Mr. Larry Bradshaw, CEO, NLHA
Mrs. Faith Bauersfeld,
President, NLHA Board of Trustees

Commitment

Ministry Partners

National, regional, local and individual support



National Lutheran Home for the Aged is a serving agency affiliated with the Metropolitan Washington, D.C., Delaware-Maryland and Virginia Synods of the Evangelical Lutheran Church in America (ELCA). From Sarah Utermehle's donation of land and the hands-on work of the Board of Lady Managers, to charitable gifts of time, talent and treasure and decades of families trusting loved ones to our care, NLHA has been and always will be a ministry of the Lutheran Church, unwavering, pursuing Christ's mission on earth to serve those in need.

NLHA receives support on the national, regional, and local level as well as countless individual philanthropic contributions.



NLHA has been and always will be a ministry of the Lutheran Church, unwavering, pursuing Christ's mission on earth to serve those in need.

National

ELCA Foundation offers expertise and resources to members. The Lutheran Planned Giving Consortium benefits the NLHA ministry through the expertise of planned giving specialists that serve congregations and individuals throughout the synods.

Regional

Leadership on the Board of Trustees for NLHA, NLHV and TVOR all include representatives from the regional synods. The Synods also provide financial support for the ministry.

United Lutheran Appeal campaigns in Metropolitan Washington, D.C. and Virginia include NLHA. The campaigns gather funds for the participating agencies and NLHA receives both designated and undesignated funds to support the ministry.

Gifts of Hope program of the Metropolitan Washington, D.C. Synod provides congregants with alternative gift giving opportunities during the Advent Season. In 2009 parishioners gave gifts for slippers and vision aids.

Local

Churches from across the Synods denote NLHA as an outreach or social ministry and designate funds in their annual budgets to support benevolent care. Congregations also provide volunteer groups and participate in the Auxiliary of the National Lutheran Home activities.

Individual

Gifts of time, talent and treasure from individuals and the families and friends of those served by NLHA support the ongoing good works of the ministry.

Metropolitan Washington, D.C. Synod, ELCA—

**79 churches; 34,291 members*

Delaware-Maryland Synod, ELCA—

**180 churches; 85,089 members*

Virginia Synod, ELCA—

**163 churches; 41,886 members*



National Lutheran Home & Village at Rockville

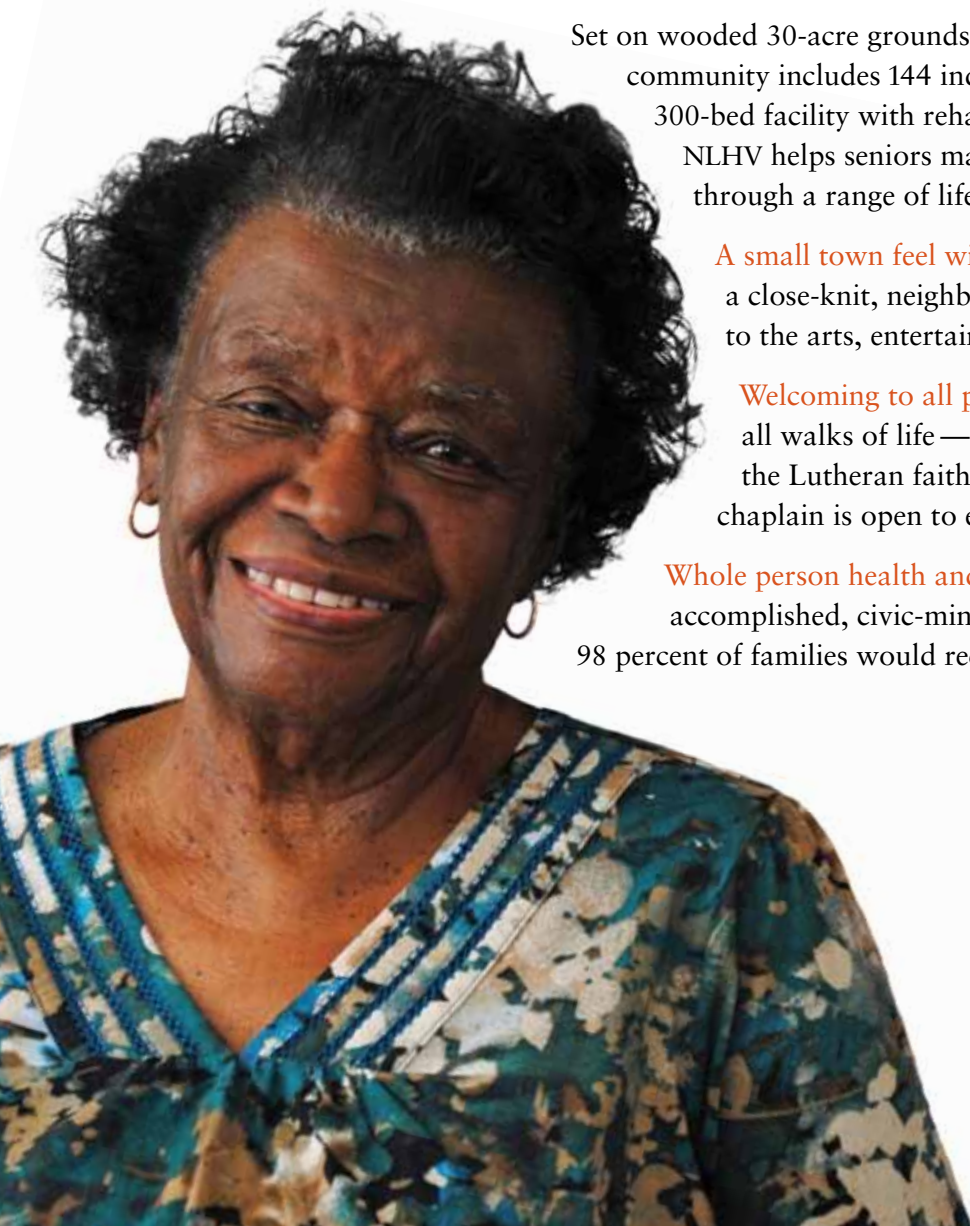
A Community Embracing the Spirit of Change

The Village at Orchard Ridge

Enjoying Life in the Shenandoah Valley



Hester Mangrum



The National Lutheran Home & Village at Rockville is rooted in the “tradition of caring” established in 1890. The ministry has touched the lives of more than 4,000 seniors and their families.

Set on wooded 30-acre grounds, ringed by walking paths, the community includes 144 independent living cottages and a 300-bed facility with rehab, respite and skilled nursing care. NLHV helps seniors maintain vitality and independence through a range of lifestyle and health care options.

A small town feel with big-hearted neighbors. NLHV pairs a close-knit, neighborly community with convenient access to the arts, entertainment, fine dining and transportation.

Welcoming to all people. NLHV is open to people from all walks of life — 40 percent of residents affiliate with the Lutheran faith. The 150-seat chapel with a full-time chaplain is open to everyone.

Whole person health and well being. The community is accomplished, civic-minded and called to volunteer service and 98 percent of families would recommend our services to others.

“I compared NLHV with other facilities in the area. Size and cost mattered to me and I preferred a close-knit, community-oriented environment, so I chose NLHV.”



National Lutheran Home is building on its 120-year legacy of ministry of providing services to seniors. With the introduction of The Village at Orchard Ridge in Winchester, Virginia, a new continuing care retirement community, National Lutheran Home is expanding its outreach ministry to seniors throughout Virginia, Maryland and Washington, D.C.

The vision of ministry is taking shape in the beautiful Shenandoah Valley of Virginia. The Village at Orchard Ridge will be located on 130 acres of rolling hills on the west side of the city of Winchester only two miles from the Winchester Medical Center. The community is planned to offer 178 maintenance-free residential apartments, carriage and cottage homes with a community-centered design plan and a people-friendly town planning concept.

The “Village Green” will be the heart of this exciting community, anchored by a traditional chapel. Residents will enjoy a state-of-the-art Wellness & Cultural center conveniently located on the campus green and accessible to the apartment complex.

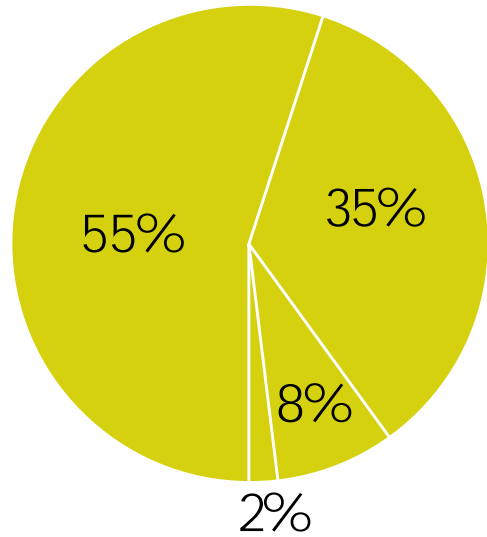
As a Continuing Care Retirement Community (CCRC), The Village at Orchard Ridge will provide housing and care services for seniors 60 years and older. The program also will provide a seamless integration of home-based assisted living, memory care assisted living and skilled nursing services.

National Lutheran Home will continue its ministry of enabling seniors to live life to the fullest by offering its unparalleled commitment to service, quality and care now in the Winchester-area.



Stewardship and Financial Strength

Great Gifts, Greater Responsibility



Skilled Nursing Facility Care Distribution (Payor Mix)

- Medicaid Partial Benevolent Care Subsidy 55%
- Private Financial Resources 35%
- Medicare Short Stay Rehabilitation 8%
- Full Benevolent Care (no payor source) 2%

Approximately 58 percent of all skilled nursing residents receive a financial subsidy from NLHV.

Since 1890 the mission “to provide for aged persons whose circumstances may require a comfortable residence with board, clothing, employment, medical attention, and such other comforts as Christian brotherhood may dictate” has served to empower the NLHA leadership and supporters. Through careful stewardship of resources over 120 years, the financial position of National Lutheran Home for the Aged has been securely anchored. In 2009, the ministry posted total liabilities and net assets of \$196,945,453.

Mission

NLHA is committed to providing housing and healthcare to seniors with varying levels of financial resources. Financial resources that fund services include private pay residents; Medicaid (government support for those with medical need and without financial resources), and Medicare (government support for post acute care offered through rehabilitation services).

NLHA provides significant benevolent care in the Rockville campus skilled nursing facility along with partial benevolent care subsidy programs for residents who qualify for the Maryland Medicaid Program.

Measurement of Mission

Measuring the impact of the mission on individual lives is both qualitative and quantitative. One way we measure effectiveness is through the number of people cared for through full benevolent and contractual care. We also measure the total dollars provided to residents to meet their physical and social needs. The funds provided to NLHV residents in 2009 were as follows:

Benevolent Care: \$669,136
Third Party Partial Benevolent Care Subsidy: \$3,217,708

NLHA Investment Allocation 2009

Total: \$150,983,450

- Money Market/U.S. Securities: \$2,998,994 - 2%
- Certificates of Deposit: \$5,869,884 - 4%
- Mutual Funds: \$17,808,883 - 12%
- Equities: \$92,559,780 - 61%
- Fixed Income Securities: \$31,661,657 - 21%
- Land Investments: \$84,252 - <1%



Liquidity and Stewardship

Being a good steward means proper cultivation and growth of the time, talents and treasures of our residents and staff, donors and volunteers. Stewardship is also mindful mission and vision based management of financial resources.

Through the on-going commitment of its Board and donor support, NLHA has amassed significant assets in support of the ministry. In the near future some resources will be utilized to assist in the expansion of the mission of NLHA into the Shenandoah Valley of Virginia. The Rockville campus will also be redeveloped to expand the existing resident service package to include Assisted Living and to ensure resident choice and independence through Home and Community Based Services. NLHA assets are professionally managed and invested in the following categories:

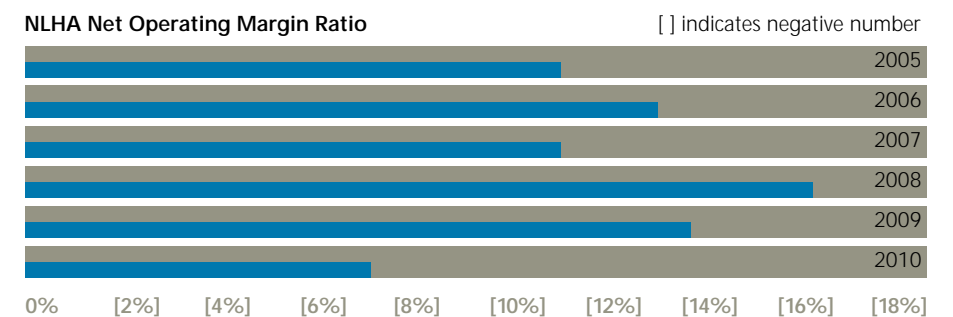
Operational Performance

NLHA resources have supported the fulfillment of the mission, but not without challenges in operational performance. In recent years NLHA has operated at a significant deficit, resulting in a negative net operating margin ratio. In the fall of fiscal 2009, several measures were put in place to monitor operational performance and more prudently manage our resources.

Key Performance Indicators track numbers of employees, salary costs and overall costs related to resident census. In 2010 we are confident that we will see our first year of marked improvement for financial operations. The following chart illustrates the operational challenges from 2005 to 2009 along with the budget for 2010.

Net Operating Margin Actual Results

- 2005 Actual Ratio: [11%]
- 2006 Actual Ratio: [13%]
- 2007 Actual Ratio: [11%]
- 2008 Actual Ratio: [16.1%]
- 2009 Actual Ratio: [13.6%]
- 2010 Budgeted Ratio: [7%]



National Lutheran Home
for the Aged, Inc.

Consolidated Statements of
Financial Position

December 31, 2009 and 2008

Assets	2009	2008
<i>Current Assets:</i>		
Cash and cash equivalents	\$421,912	\$564,190
Accounts receivable (net of allowance for doubtful accounts of \$206,540 and \$200,000 for 2009 and 2008, respectively)	2,908,289	2,038,063
Due from third parties	11,194	—
Future project deposits—restricted cash	213,000	137,000
Accrued investment income	624,552	958,090
Supplies inventory	202,153	199,007
Prepaid expenses and other assets	359,486	262,996
	4,740,586	4,159,346
Investments	150,983,450	116,327,110
Property, plant and equipment (net)	39,154,921	23,178,938
Other assets	2,066,496	—
Total Assets	\$196,945,453	\$143,665,394

Liabilities

<i>Current Liabilities:</i>		
Accounts payable and accrued expenses	\$1,319,716	\$544,072
Accrued compensation and related items	1,595,462	1,301,594
Accrued interest payable	81,027	—
Due to third parties	—	12,500
Future project refundable deposits	213,000	137,000
Current portion of annuities payable	34,144	48,280
Current portion of notes payable	9,206,000	—
	12,449,349	2,043,446
<i>Long-Term Liabilities:</i>		
Deferred fees	5,186,934	5,287,854
Trustee plan contingent liability	—	681,216
Annuities payable	191,698	201,789
Notes payable (less current portion)	5,200,000	—
	10,578,632	6,170,859
Total Liabilities	23,027,981	8,214,305

Net Assets

Unrestricted	173,917,472	135,436,589
Temporarily restricted	—	14,500
Total Net Assets	173,917,472	135,451,089
Total Liabilities and Net Assets	\$196,945,453	\$143,665,394

National Lutheran Home
for the Aged, Inc.

Consolidated Statements of
Activities and Changes in
Net Assets

Year Ended December 31, 2009 with
Comparative Totals for Year Ended
December 31, 2008

Revenue and Support	2009		2008	
	Unrestricted	Temporarily Restricted	Total	Total
Nursing and resident care	\$25,847,544	--	25,847,544	23,377,111
Independent living program	1,358,587	--	1,358,587	1,185,391
Contributions	1,126,373	--	1,126,373	1,289,993
Net investment earnings (losses)	283,131	--	283,131	(10,629,471)
Income from plan conversions	255,230	-	255,230	11,935
Payments to annuitants—interest	(28,756)	--	(28,756)	(90,846)
Other income	--	--	--	5,000
Net assets released	14,500	(14,500)	--	--
Total Revenue and Support	28,856,609	(14,500)	28,842,109	15,149,113

Expenses

<i>Program services:</i>				
Nursing and resident care	25,999,865	--	25,999,865	24,444,745
Independent living	1,587,527	--	1,587,527	1,337,819
<i>Supporting services:</i>				
General and administrative	4,547,940	--	4,547,940	3,637,734
Total Expenses	32,135,332	--	32,135,332	29,420,298
(Deficit) of Revenue and Support	(3,129,147)	(14,500)	(3,143,647)	(14,108,468)

Over Expenses

Unrealized Gains/(Losses) on Investments	41,759,606	--	41,759,606	(44,379,542)
Total Change in Net Assets	38,480,883	(14,500)	38,466,383	(58,650,727)
Net Assets at Beginning Of Year (restated)	135,436,589	14,500	135,451,089	194,101,816
Net Assets End of Year	\$173,917,472	--	\$173,917,472	\$135,451,089

Celebrating 120 Years of Ministry

Rooted in Compassion,
Growing for Greater Service



The year 2010 marks the 120th anniversary of the National Lutheran Home for the Aged's commission as a ministry to serve seniors. Rooted in the Lutheran church's commitment to social ministry as a joyful expression of faith, the National Lutheran Home for the Aged was founded in 1890 in Washington, D.C. to fulfill a resolution adopted by the General Synod of the Evangelical Lutheran Church seeking to establish a home for the elderly as part of its mission.

The endurance of the NLHA mission and ongoing service are possible because of the faith and fortitude of donors, church members, clergy, volunteers, residents, families, board members and a strong partnership with state and local government and the community-at-large.

1890

Philanthropic Patron

Mrs. Sarah Utermehle, Lutheran Church of the Reformation, Washington, D.C. answers the call of the National Church and donates a generous gift of 27 acres of land for the first National Lutheran Home.

1895

First National Lutheran Home

Miss Margaret Roush welcomed as the first occupant.

1914

A Thriving Ministry

Donations fund a new 60-bed Home and 150-seat Chapel.

1933

Inspired Leadership

Lutheran deaconess' built the early Home's capacity for care before Pastor-Superintendents and Executive Directors were installed.

1933-1940

The Rev. John A. Weidley D.D.
First Pastor-Superintendent

1940-1962

The Rev. Robert L. Lang D.D.

1962-1965

The Rev. John C. Stuff D.D.

1965-1967

The Rev. Carl R. Simon D.D.

1967-1975

The Rev. L. Burns Saltzgeber

1975-2004

The Rev. Richard D. Reichard D. Min., NHA

2005-2009

Kristina E. Hughes, NHA

2009-present

Frank E. McGovern, NHA

1941

Women Expand Outreach

The Board of Lady Managers handle all housekeeping services during NLHA's first 45 years of ministry. Later renamed The Auxiliary, they enlisted the help of synod church members and increased membership from 40 to 10,000 by the mid-1960s. A. Barbara Weigand served as President from 1941-1964.

1955

A Growing Service

Building additions and renovations accommodate 255 seniors and are supported by a thriving endowment and donor contributions.

1962

Virginia Lutherans Engage

The Lutheran Synod of Virginia becomes an additional controlling synod to provide service to the elderly of Northern Virginia. The pressing need for more skilled nursing capacity leads to plans for a new, modern facility.

1980

NLHA Embraces Independent Living

The new facility on 30 acres in suburban Rockville, Md., opens with 300 beds. In 1982 construction for the eventual 144 independent living cottages began.

2005

Faithful Servant Leaders

The Rev. Richard D. Reichard D. Min., NHA retires after serving 37 years including 28 as Executive Director and wife, Melba Reichard served 40 years.

2008

The Village at Orchard Ridge

130 acres is purchased in the Shenandoah Valley and marketing offices open in Winchester, Va.

2008

Rehabilitation and Respite Services

broaden the NLHV ministry of caring to the larger Montgomery County, Md., community.

2009

Renovation and Reinvention

NLHV begins the transformation of the 30 year-old campus with capital improvements and a plan for ministry in the future.

2010 and beyond

Choice and Independence

The NLHA ministries expand with new services to serve seniors throughout the continuum of aging. A capital campaign for the chapel at The Village at Orchard Ridge begins.

National Lutheran Home & Village at Rockville

Renewing the Mission to Serve

The United States Census Bureau predicts that the population of Americans aged 65 and over will increase by 50 percent over the next 15-20 years. The wave of Baby Boomers' are aging differently than generations past, bringing with them greater needs and greater expectations for senior living and healthcare.

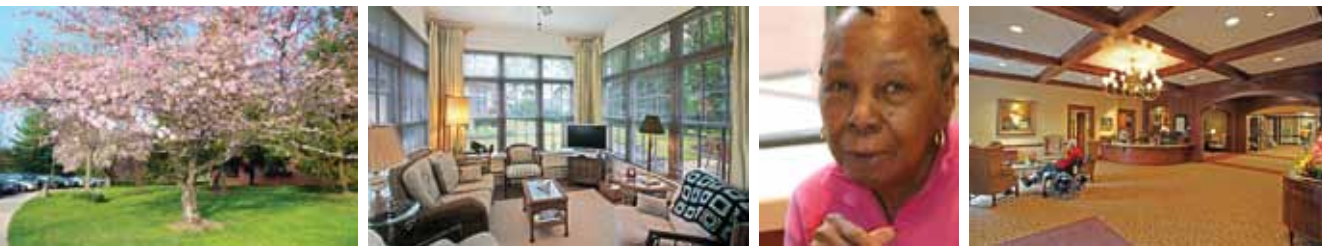
What seniors and their families want most are choices for healthcare and independence for as long as possible. To serve these needs NLHV intends to expand the range of services available for quality senior health care by adapting the campus configuration and renovating resident rooms to accommodate a different mix of services for seniors.

More Choices for Better Healthcare

Currently the 300-bed facility is the second largest skilled nursing operation in Montgomery County. The 10-year reinvention plan for NLHV will create a full-service continuing care retirement community.

- Independent Living
- Independent Living with home care support services
- Independent Living short-term accommodations
- Assisted Living
- Assisted Living-Memory Care (Alzheimer's and dementia)
- Short-Term Rehabilitation
- Respite
- Long-Term Skilled Nursing
- Hospice and Comfort Care

Renovations to the facility will be financed through a combination of philanthropic support, NLHV internal funds, bond financing and federal and regional government funding.



Rehabilitation Services

Returning to Independence



The National Lutheran Home & Village specializes in the care of people 60 years and older, working to help maintain quality of life and functional ability. Therapy services help support post-acute surgical care, restore diminished function and maintain strength and independence. Seniors who participate in the NLHV Rehabilitation Program are able to restore, rejuvenate and return home.

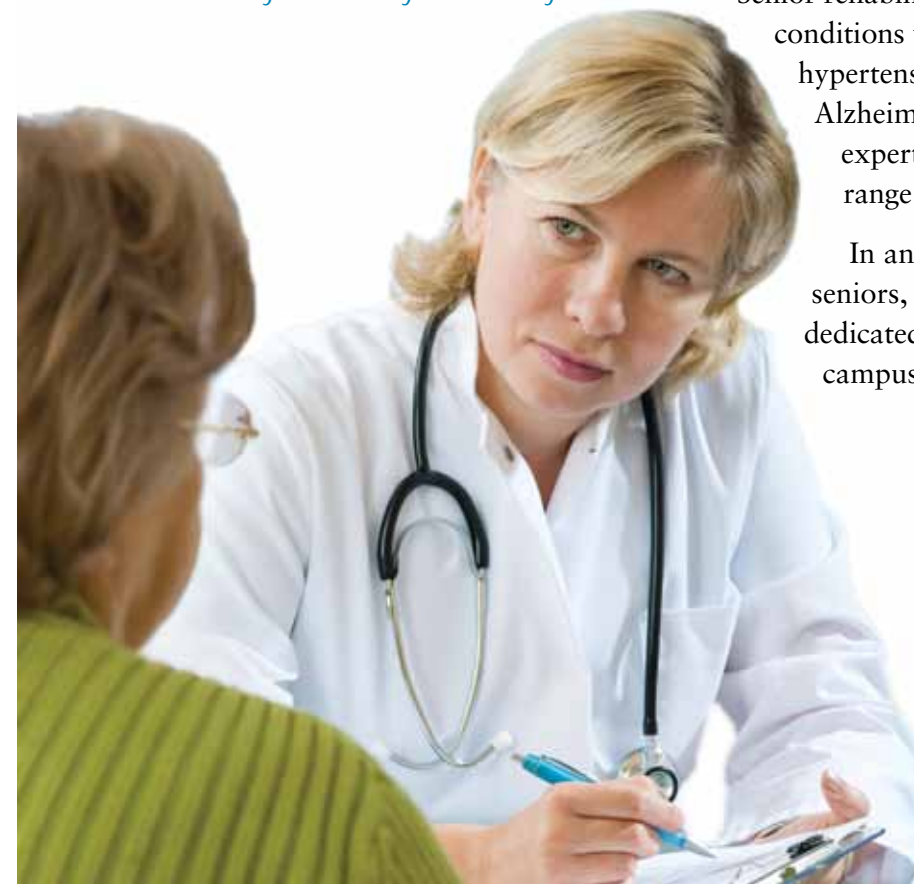
NLHV offers Medicare Part A short-term physical, occupational and speech therapy rehabilitation services to 227 seniors. Services range from caring for hip, knee and shoulder joint replacement to post stroke therapy. A robust therapy team is onsite six days a week.

Senior rehabilitation often involves treatment of other health conditions while in therapy. Seniors coping with diabetes, hypertension, chronic obstructive pulmonary disease, Alzheimer's/dementia or even cancer treatments, need the expertise that NLHV has developed serving a broad range of health care needs.

In an effort to meet the growing needs of today's seniors, NLHV is expanding this area of ministry. A 66-bed dedicated rehabilitation wing will be a part of the Rockville campus renovations.

98% of our families would recommend our services to others.

2009 Maryland Nursing Facility Family Survey



Reinvention

The Village at Orchard Ridge

Capital Campaign



Support the Mission

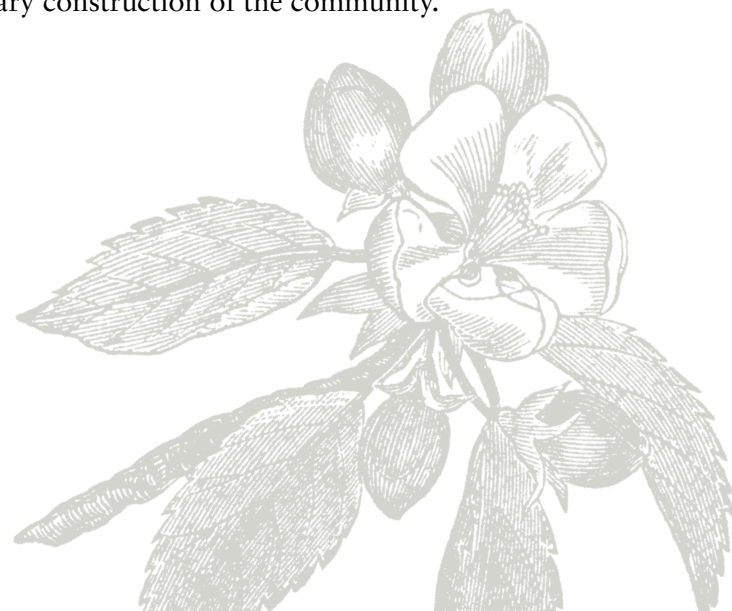
Christian stewardship is the foundation of the National Lutheran Home for the Aged's "tradition of caring" philosophy. From the first benefactor's donation of 27 acres and the food and clothing provided by congregations to the \$1+ million in benevolent care donations received annually and Auxiliary contributions, National Lutheran Home Ministries serve seniors and their families because people continue to care through gifts of support.

The Board of Trustees announced plans to initiate a Capital Campaign, which would enable NLHA to enhance plans for a Chapel and Wellness & Cultural Center—to go beyond the generous amenities and features already planned in the budget. Private gifts, pledges and grants donated in support of the ministry will assist in covering these enhancements.

Through a combination of Capital Campaign support and The Village at Orchard Ridge internal funds the intent is to make the Chapel and Wellness & Cultural Center a reality beginning the day the community open its doors. The Village at Orchard Ridge internal funds, bond financing and federal and regional government funding will support the primary construction of the community.

“At the National Lutheran Home & Village we have found the Chapel to be an important aspect of our ministry, building common bonds and a shared community. We look forward to the ground breaking for the new Chapel at Orchard Ridge.”

Rev. Robert Day,
Chaplain,
National Lutheran
Home & Village



Wellness & Cultural Center

At The Village of Orchard Ridge, healthy, vibrant, active living is the goal. Residents will have the opportunity to enjoy life to the fullest. To help make this goal a reality, the Wellness & Cultural Center will provide the place where residents will be able to pursue a lifestyle brimming with health—emotional, intellectual, spiritual, vocational and social.

The Wellness & Cultural Center is planned to have well appointed facilities conveniently located on the campus and offering health and wellness activities, intellectual stimulation and cultural experiences. The Center will be just a stroll from the cottage homes and accessible to the apartment complex. No matter the weather, community, health and activities will be right at hand.

Chapel

The Chapel in the Village at Orchard Ridge will be at the heart of the community. The steeple will rise against the rolling green hills in the background, a familiar and comforting visage.

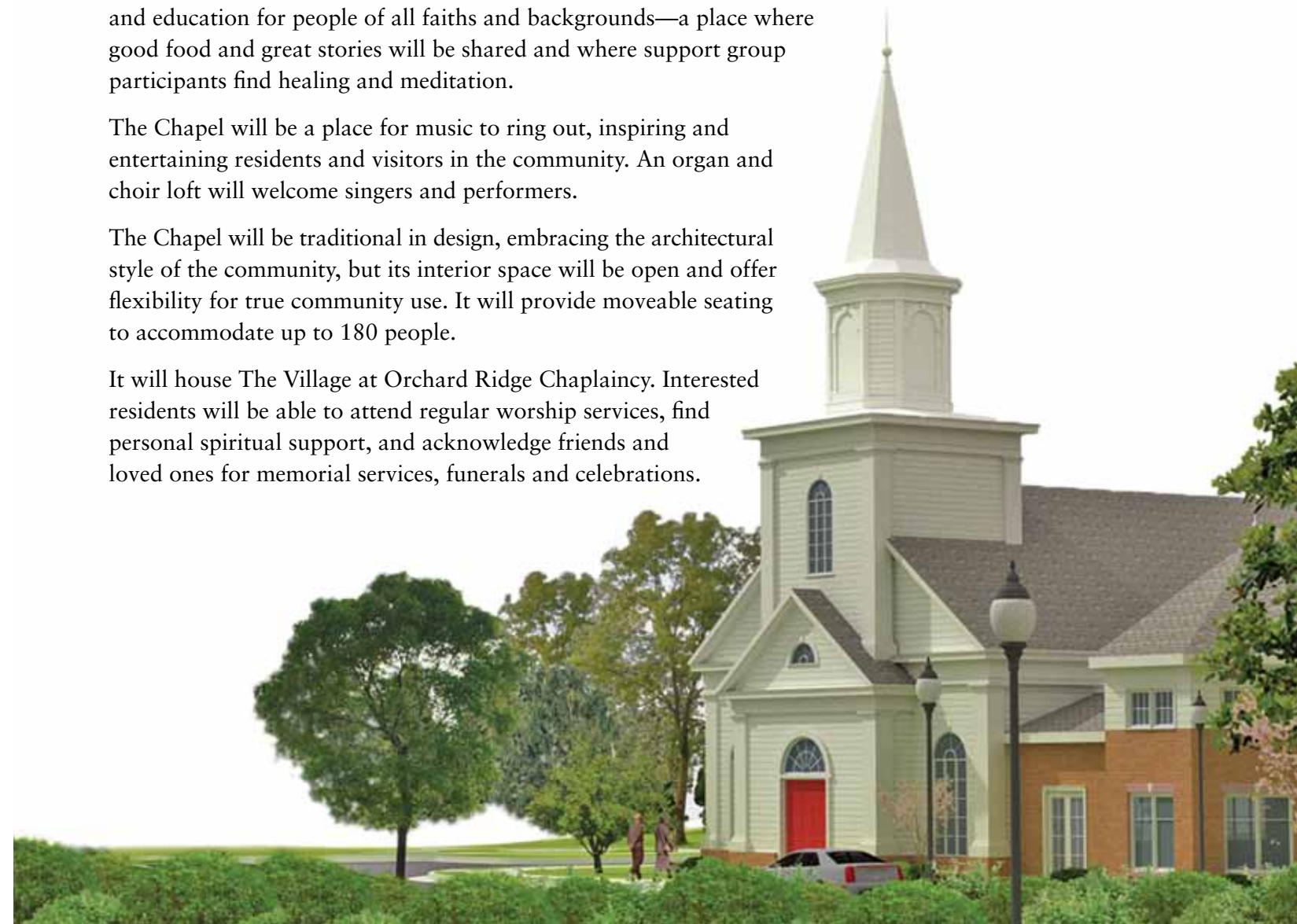
It will provide a gathering space for worship, community conversations and education for people of all faiths and backgrounds—a place where good food and great stories will be shared and where support group participants find healing and meditation.

The Chapel will be a place for music to ring out, inspiring and entertaining residents and visitors in the community. An organ and choir loft will welcome singers and performers.

The Chapel will be traditional in design, embracing the architectural style of the community, but its interior space will be open and offer flexibility for true community use. It will provide moveable seating to accommodate up to 180 people.

It will house The Village at Orchard Ridge Chaplaincy. Interested residents will be able to attend regular worship services, find personal spiritual support, and acknowledge friends and loved ones for memorial services, funerals and celebrations.

The National Lutheran Home welcomes philanthropic support for its new senior ministry. Opportunities to provide donations for a benevolent fund and legacy gifts will be available as well as gifts for support of capital projects.



Home & Community Based Services

Independence and Choice



Traditionally, communities such as NLHV have offered a progressive continuing care model that begins with independent living, transitions to assisted living and provides skilled nursing care and rehabilitation when needed. This model requires individuals to move to different residences when care needs change. Moving is challenging on a physical, emotional, social, spiritual and financial level.

Seniors are understandably concerned about preserving both independence and their assets which can be depleted more quickly when higher levels of care are needed.

NLHA supports seniors' desire to age in place and choose from a range of services that can be delivered at home, helping them to stay healthy, longer in their own residence through the launch of National Lutheran Home & Community Based Services (HCBS).

HCBS will be offered first to NLHV Independent Living residents within the campus to enable them to remain in their cottages safely. Home based care is a fee-for-service offering that includes case management for appropriate monitoring. NLHV also plans to expand the Home & Community Based ministry into the broader community.

Future plans include services that address physical, social and clinical needs, all individually tailored to a resident's needs and desires.

Services may include:

- formal Activities of Daily Living (ADL) management
- touch screen and sensor monitoring
- housekeeping
- personal care
- transportation off campus
- in-home dining services
- physical and occupational therapy assessment
- personal health coordination
- nutrition and exercise counseling
- medication management
- post-acute care case management

The Heart of Philanthropy

Benevolent Care and Ministry Expansion



With Gratitude

John and Zelda Boccina were members of the NLHV community and long-time supporters. They made generous lifetime donations through stock, charitable annuities and trust bequests totaling more than \$2.2 million, including a \$283,375 gift in 2009.

The ministry of the National Lutheran Home Communities would not be possible without the continued support of donors. Whether supporting benevolent care needs or the expansion of services, donors willing to contribute time, talent and treasure continue to strengthen the ministry.

With great gifts, comes great responsibility for stewardship and sustainability of the mission. Donors contribute to three primary funds: Reserve, Rockville and Winchester. Gifts of Memory and Honor are included in the Rockville Fund. Fundraising efforts are critical to providing care for seniors who have few resources. Planned giving through bequests, trusts and annuities leaves a legacy of caring that supports the ministry for years to come.

Rockville Fund: More than half of the National Lutheran Home & Village at Rockville residents rely on some level of benevolent care support as Medicaid reimbursement does not cover the complete cost of care provided. The ministry bridges the gap for residents whose care is not covered through private funds, insurance and government funds. Donations from caring people help make up the difference.

Winchester Fund: Donations to this fund will support the Chapel and the Wellness & Cultural Center Capital Campaign.

Reserve Fund: Support the growth of ministries supported by National Lutheran Home for the Aged.

2009
Donations:
\$1,124,921

2009
Benevolent Care
support provided
to residents on
Medicaid or
without resources:
\$3,165,750

Every gift makes
a difference in
someone's life.

Sarah Utermehle Society

A Legacy of Giving

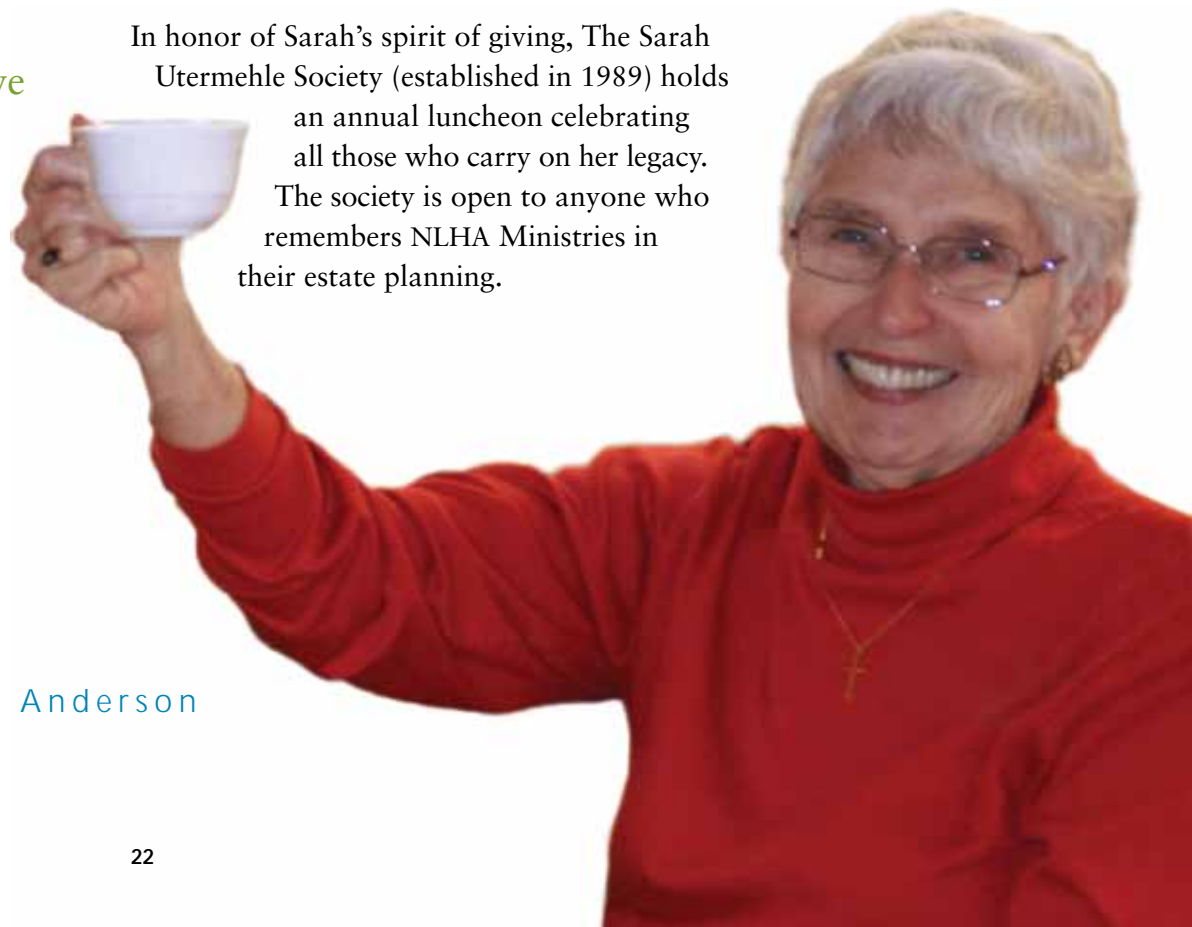


“The more you become involved, the more you realize what a need there is to give back to the residents. NLHV has always held a special place in my heart. When my husband and I found out about the Sarah Utermehle Society we saw it as a special way to contribute and bless others.”

Sarah Utermehle was the original benefactor of the National Lutheran Home. In 1890 she donated a gift of 27 acres in Washington, D.C. This land was used to build the first Home. Sarah was an active member of the Lutheran Church of the Reformation in D.C., and very much interested in service, compassion and action.

Her husband George was similar in that he always gave to charity. After being a merchant tailor he became an extensive home builder in the Washington, D.C.-area. When he passed away, Sarah donated his assets to charitable causes, including NLHA, in keeping with the way he lived his life.

In honor of Sarah’s spirit of giving, The Sarah Utermehle Society (established in 1989) holds an annual luncheon celebrating all those who carry on her legacy. The society is open to anyone who remembers NLHA Ministries in their estate planning.



Marion Anderson

The Auxiliary of the National Lutheran Home

Faith Inspired Service



2009
Auxiliary Funds
Gifted to NLHV:
\$54,879.59*

The women and men of the Auxiliary of the National Lutheran Home reflect the best traditions of the ministry. They are known for more than a century of volunteerism, fundraising and congregational activism which benefits the residents by offering them the extras in life. Whether it’s birthday and Christmas parties, the Pal letter-writing program and in-house special guest entertainers, or bus trips off-campus, the Auxiliary membership focuses on improving quality of life.

Each spring and fall NLHV bustles during the bi-annual festivals. A giant bazaar of crafts, books, art, baked goods, stamps, jewelry and one of kind items in Grandma’s Attic or the Silent Auction, the festivals are the primary fundraiser for the Auxiliary. The Gift Shop also raises funds and is managed by Auxiliary volunteers.

Every penny adds up and the Auxiliary makes the most of the funds raised, including funds that helped build the Chapel at NLHV. Recent gifts from the Auxiliary include transportation buses, a custom minivan, the renovated second floor game room and patio, the entrance patio and fountain, hair care salon equipment, new tables for Lang Hall, physical therapy equipment and a camera, library books, greenhouse supplies and hearing aids.

It’s these extras that make National Lutheran Home & Village a different kind of place for senior living.

*In addition to activity programming and volunteer hours.



Volunteers

Enriching Others with Time and Talent



2009
Volunteer hours
contributed:
11,000+

Volunteers have always played a vital role in the life of NLHV. The first Volunteer Director of the National Lutheran Home was Mrs. Nan Rehnquist, wife of Supreme Court Chief Justice William Rehnquist.

Today, volunteers are a diverse group, including Independent Living Villagers, local community members, family members of NLHV residents, students from nearby schools, church members, board members and even dogs of all breeds!

More than 200 volunteers provide a myriad of services to the residents on a daily basis, from staffing the library and snack bar and making one-on-one visits, to hosting discussion and support groups and assisting with activities such as BINGO and Movie Night.

Each summer NLHV hosts a five-week long program for high school and college students. This intergenerational program brings fresh faces in contact with residents, enriches young people with the satisfaction of volunteering and offers a look at career options in senior health care. The volunteers are recognized annually for their time and talent.



Student Volunteer
Jack Shu

“The National Lutheran Home & Village has truly been a place where I have learned the real meaning of patience, understanding and service—qualities and memories I will carry on for the rest of my life.”

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